Risk Assessment Activity – Low Ropes

Pioneer	Assessed by: James Kniffen	Assessed/ Reviewed:	Next Review Date	
Centre	Assessed by Julies Killien	11/01/2023	10/01/2026	
		07/01/2025		
Reviewed by:	Assist Chief: Max Bishop			
Reviewed by:	Senior Instructors: Andrew Evrard, Joseph Page & Kieran Miles	Jan 2025		
	Lead Instructors: Kieren Plant, Ronan Halpenny & Ruth Gibson			

Overview: This takes place within a designated area and is out of bounds unless instructors are present. The courses are inspected on an annual basis by High Times Technical Consultants to ensure all activities are in good working order and any recommended repairs are sorted based on urgency. Bimonthly safety checks are carried out to ensure the courses are in good working order. Instructors provide supervision of the group during this activity and have been in-house trained to lead the sessions. Preferred Staff to Client ratio 1:12 with a maximum of 1:16. All instructors are first aid trained and emergency procedures are in place in case of a major accident.

Hazards	Groups of People at Risk from the Hazards Identified	Probability Severity Risk Category	Control Measures – Reduces the severity and lowers the probability to acceptable levels	
Falling Objects	Instructors, staff and	Unlikely	Areas to be checked over by activities and maintenance team after storms. If	
causing injury (forest	guest/participants	Major	strong winds/gusts are forecasted and materialise this will be monitored by senior staff and if deemed unsafe due to branches and trees potentially snapping, then the session will be cancelled, and other activity found to replace it if possible.	
Low ropes specific)		Medium		
Slips, trips and falls	Instructors, staff and guest/participants	Likely	Maintenance of site is done by the activities team and maintenance team a bimonthly safety check of site and area. The instructor visually checks the area upon arrival. Participants briefed where to slow down/take extra care. Instructors are first aid trained, with a first aid kit readily available. Helmets are worn by participants.	
		Minor		
		Medium		
Injury due to	Instructors, staff and	Likely	Participants are briefed on hazards as they move around the course.	
incorrect use of	guest/participants	Major	Instructor and group leader supervise, and helmets are worn by participants Instructors have gone through in-house training to ensure correct use of equipment.	
equipment		High		
Unauthorised access	Instructors, staff and	Unlikely	"No Access" signs are in place on the fenced off areas and gates. Participants	
of equipment	guest/participants	Minor	are briefed about not accessing activities without staff.	

		Low		
Injury due to equipment & element failure	Instructors, staff and guest/participants	Very unlikely	Annual inspection of course done by accredited inspector and any repairs o replacement that is deemed necessary will carried out as soon as possible a element use may be discontinued until repairs or replacements are done	
		Major		
		Medium	depending upon the recommendations of the inspector. Bimonthly safety	
			checks of equipment and elements are carried out.	
Injury due misuse of	Instructors, staff and guest/participants	Likely	Participants are briefed on the use of equipment and safety rules given for	
equipment		Minor	each element of the course. Instructors manage the group to ensure safety	
		Medium	and will get the group leader to help where appropriate.	
Improper climbing of	Instructors, staff and	tructors, staff and Unlikely Instructors are present to ensure participants use the course safely and clear		
course elements	guest/participants	Major	briefs on acceptable use of courses are given. If participants do not listen to	
(leading to injury)		Medium	instructor's instructions, they will stop the activity, and the situation will be resolved before continuing.	
Low level falls	Instructors, staff and guest/participants	Likely	Spotting is provided where/when necessary and helmets are worn. Guidance	
		Major	for coming off the course is given by the instructor and monitoring of	
		High	participants is carried out to help prevent falling and injury.	
Entrapment of fingers	Instructors, staff and guest/participants	Very Unlikely	Ropes are threaded through chains to reduce the risk of entrapment of	
		Major	fingers and participants are warned of areas where entrapment could be an issue. The instructor monitors progress of participants to help prevent	
		Medium	entrapment and intervenes where necessary.	
Splinters	Instructors, staff and guest/participants	Unlikely	Wood elements have been sanded to prevent splinters and are checked in	
		Minor	the bimonthly safety checks.	
		Low		
Cuts from wires	Instructors, staff and guest/participants	Likely	Participants are warned about not using or holding on to wires and then monitored throughout the session by the instructor.	
		Minor	Thomtored throughout the session by the histractor.	
		Medium		
Injury from	Instructors, staff and	Likely	Activities team to maintain the areas on regular basis by cutting back foliage.	
Brambles/Thorns and guest/participants		Minor		
surrounding foliage		Medium		
Swinging (hit by objects)	Instructors, staff and guest/participants	Unlikely	Participants are instructed of the proper use of elements. Spotting is done as needed and monitoring carried out by the instructor.	
		Minor		
		Low		