Risk Assessment Activity – Wheelchair Abseiling

| Pioneer Centre | Assessed by: James Kniffen | Assessed/ Reviewed: 20/01/2023 08/01/2025 | Next Review Date |
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| Reviewed by: Reviewed by: | Assist Chief: Max Bishop Senior Instructors: Andrew Evrard, Joseph Page, Steph McMenemy & Kieren Plant Lead Instructors: Ronan Halpenny | Jan 2025 | 10/01/2026 |

Overview: Wheelchair abseil sessions are carried out on a purpose-built tower that has wheelchair access to the top and bottom. A Winter Mountaineering and Climbing Instructor (WMCI) qualified Chief Instructor has overall responsibility. All other instructors are RCI or CWI qualified, or in-house trained using NGB recognised techniques. An in-house examination is completed on each staff member by the Technical Advisor to sign off general competency in roped activities and further specific training is given for delivery of wheelchair abseiling sessions. This process is periodically checked and validated by the independent Technical Advisor. Preferred Staff to client ratio are a minimum of 2 instructors for the group (any size) for the wheelchair abseil. All appropriate personal protective equipment is worn during sessions. All instructors are first aid trained and emergency procedures are in place in case of a major accident.

| Hazards | Groups of People at Risk from the Hazards Identified | Probability Severity Risk Category | Control Measures – Reduces the severity and lowers the probability to acceptable levels |
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| Structural Failure | Instructors, staff and guest/participants | Very unlikely Fatal Medium | Ab Slab was built by the maintenance team of that time (2013) and signed off by JM Adventures (approved contractors) who put in the steel girders for anchor points. An external annual structural inspection is carried out by High Times and actions followed up as advised. |
| Falling down the ramp | Instructors, carers and participants | Unlikely Fatal High | Instructors, carers and participants must be attached to lanyards or rope if on the top of Ab Slab whenever the final chain barriers are removed for the participant to descend. |

| Falling backwards down the ramp in wheelchair | Participants | Unlikely Major Medium | Participants firmly apply brakes after moving into position for setting up the abseil. An instructor is always behind the participant holding them steady. Participants are attached to all necessary fall prevention and fall arrest devices and ropes before final chain barriers are taken down. Staff and participants are connected to anchors before barriers are taken down for the abseil. Guests are told or helped to put breaks on at the bottom of the tower to avoid rolling off after finishing the descent. |
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| Tipping over backwards in the chair whilst being lowered down the ramp | Participants | Unlikely Fatal High | The rope system is carefully tied onto the chair to ensure it can't tip backwards. An instructor abseils down behind the guest and can assist in any potential issues as required. Also, a specific chair has been purchased and used and is designed so to prevent it tipping over backwards. |
| Fingers caught in equipment (wheels or other metal work) | Participants | Unlikely Major Medium | Participants are properly briefed on their role during the descent. An instructor abseils down beside the guest to ensure no equipment is near the participant's hands. |
| Rope Burn | Participants, instructors and carers | Very Unlikely Minor Low | All ropes are safely controlled. Participants and carers are properly briefed on the lowering procedure and understand what ropes will be moving and where to safely observe. |
| Environmental Hazards | Instructors, staff and guest/participants | Very likely | All participants are briefed on proper clothing for the current weather conditions. Instructors are issued appropriate PPE, waterproof jacket, warm layers, and gloves to use for activity delivery. Towers not used or sessions cancelled in the event of thunder & lightning |
| | | Fatal | (activities can resume 30mins after last thunder sound was heard) and/or winds gusts above 40/45mph (senior staff may reassess and end sessions below this level or may let continue if direction is suitable and hazards are |
| | | Medium | managed). Also, further control measures under the Adverse Weather Risk Assessment are to help with environmental hazards.) |

| Slips, trips and falls | Instructors, staff and guest/participants | Likely Minor Medium | Maintenance of the site is done by the activities team and maintenance team. Instructors visually check the area upon arrival. General brief and group management is provided by instructors to ensure activities are run safely. |
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| Equipment / rope system failure | Participants and instructors | Unlikely Major Medium | All equipment is inspected bimonthly. To run these sessions staff are trained in set up and delivery and work along more senior staff. |
| Back up failure for instructor (prusik incorrectly set up) Injury from falling down the abseil | Guest/participants | Unlikely Major High | Instructors are all in-house trained and assessed on how to set up and use a prusik (back up) for abseiling alongside participants. They are also trained on how to tie off the rope so they can go hands free to assist or sort out any problems. |
| Physiological effects | Guest/participants | Very unlikely Major Medium | Instructors are aware of the group's needs and medical issues. Challenge by choice brief is given and instructors will respect participants' choices and be sensitive and adapt to their reactions to the activity they are invited to participate in. |
| Stress / Panic Attack | Guest/participants | Likely Major / trauma High | Challenge by choice brief is given and instructors will respect participants' choices. Instructors will err on the side of caution if participants start to panic or have strong emotional reaction to the activity. The instructors will react quickly to ensure the level of stress is brought back down to an acceptable level. This should help ensure the activity runs well for all those involved. |